

## Conscious IO Procedure - Adults

After IO Insertion into either:  
Proximal Tibia  
Proximal Humerus

Prime extension set with 2% **Lidocaine**  
Slowly Infuse **40.0mg 2% Lidocaine** over 120 Seconds  
Allow Lidocaine to dwell in IO space for 60 seconds  
Flush with 5-10mL of Normal Saline  
Administer additional dose as needed **20.0mg 2% Lidocaine**

Note: Lidocaine for IO insertion, as well as proximal humeral IO insertion for pediatrics is not approved.