

**REGIONAL EMS
COMMUNITY INTEGRATED HEALTHCARE PROGRAM
CONGESTIVE HEART FAILURE (CHF)
ADMINISTRATIVE ORDER**

Use this AO for all participants referred into the CIHP program for Congestive Heart Failure (CHF)

All patients referred in for this condition shall receive the following evaluations on each visit:

- A full set of Vital Signs - including temperature, FSBG, and ETCO2
- 3 lead EKG
- 12 lead EKG with initial visit & as needed for subsequent visits
- Weight
- Lung Sounds
- Smoking Cessation - information/progress as needed

Follow up with participant on discharge orders to ensure compliance.

Documentation of evaluation and appropriate actions should include:

- Evaluation of edema
- Dyspnea on exertion
- Shortness of breath when lying down
- Weight gain

Discussion with Patient should include:

- Fluid restriction
- Daily weight record
- Medication compliance
- Low sodium ingestion

Note findings in narrative and ask about fluid restrictions.

If the Patient condition is stable:
Schedule next visit.

If Patient condition is stable, but declining based on trends & assessment:
Contact Primary Care Physician for plan of care. If necessary, schedule office visit and confirm participants access and availability of transportation.

If Patient condition is stable, but declining based on trends & assessment, and PCP office visit unavailable:
Advise, arrange for, or transport patient to Urgent Care facility.

If the Patient is having an acute medical emergency:
Advise dispatch to start an appropriate response to your location, follow up with the patient to the hospital.