

**REGIONAL EMS
COMMUNITY INTEGRATED HEALTHCARE PROGRAM
DIABETES MELLITUS (DM)
PHONE FOLLOW UP ADMINISTRATIVE ORDER**

To be a candidate for telephone follow up, CIHP participants, regardless of referred complaint, are eligible after meeting the following criteria and after they have received the initial in-home visit. All attempts should be made to have the final visit be in person.

- Cannot have current exacerbated CHF symptoms
- All post discharge appointments scheduled
- Participants must have a PCP or referred to one
- Verbalize basic understanding of
 - Disease process
 - Medications
 - Management of disease process
 - Understanding of basic dietary needs
- Support system in place, as needed
 - Friends
 - Family
 - Etc.
- Have reliable transportation to follow up appointments
- Educated on the importance of smoking cessation, as needed
- Medication reconciliation

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For participants referred into the CIHP for DM, the following items need to be addressed and documented:

- Maintain control of blood sugar
- Be provided with educational handouts
- No wounds or wound care from outside agency in place
- Compliance with keeping track of FSBG results; the goal is to maintain a record of results and actions taken to share with their PCP on their scheduled visits