

**REGIONAL EMS
COMMUNITY INTEGRATED HEALTHCARE PROGRAM
CHRONIC OBSTRUCTIVE PULMONARY DISEASE (COPD)
PHONE FOLLOW UP ADMINISTRATIVE ORDER**

To be a candidate for telephone follow up, CIHP participants, regardless of referred complaint, are eligible after meeting the following criteria and after they have received the initial in-home visit. All attempts should be made to have the final visit be in person.

- Cannot have current exacerbated CHF symptoms
- All post discharge appointments scheduled
- Participants must have a PCP or referred to one
- Verbalize basic understanding of
 - Disease process
 - Medications
 - Management of disease process
 - Understanding of basic dietary needs
- Support system in place, as needed
 - Friends
 - Family
 - Etc
- Have reliable transportation to follow up appointments
- Educated on the importance of smoking cessation, as needed
- Medication reconciliation

For participants referred into the CIHP for COPD, the following items need to be addressed and documented:

- Increased ambulation
- Improvement in ambulating SPO2
- CO2 25 – 45 mm Hg
- No SOB on resting or exertion
- No pain or shortness of breath
- Home O2 ordered or in place if needed, and participant understand of how to use
- Be provided with educational handouts
- Proper inhaler use
- Lung sounds consistent or improving